

Goal Setting for Individuals

What I want to become, have and be doing – now, within 1 year and within 3 years

No	Goals and success criteria (i.e. what will have changed when I have achieved the goal...be specific!)	When	Achievements (e.g. 3 monthly review)
Work Achievement Goals What will you achieve in relation to your work and the wider goals of the organisation?			



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<p>Other Achievement Goals</p> <p>What will you achieve in relation to other areas of your life?</p> <p>This could include family, friends, career, hobbies, finance, sport and physical fitness, education, the home, community work. The goals should be in line with your vision and values</p>			

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<p>Personal Improvement and Development Goals</p> <p>What areas will you improve in and what capabilities will you gain in order to achieve other goals?</p> <p>This could include communications, leadership, team working, rapport building, time management, focus, creative thinking, memory, self confidence, self esteem, etc, or any area directly relating to your work functions</p>			

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<p>Lifestyle Goals</p> <p>What changes will you make to your lifestyle?</p> <p>Consider changes to your day-to-day habits relating to the amount of valuable time spent on growing your physical, mind, social, personal relationship and inner health</p>			